

Start at Chickadee Trailhead

Head out on Chickadee Trail
Stay straight onto Cabin Trail
Right onto Patterson Lake Trail
Right onto Rader Creek Tr
Left onto Lower Inside Passage Tr
Left to continue up Inside Passage Tr.
Left onto Meadowlark Tr.
Left onto Bluejay Tr.
Left onto Meadowlark Tr.

Thompson Ridge Aid Station at Meadowlark Trailhead on Thompson Ridge Rd (Mile 8.6)

Right onto unsigned trail soon after crossing the cattle guard(if you come to Upper Inside Passage Tr. you went too far)
Left onto Upper Inside Passage Tr.
Right onto Pete's Dragon Tr.
Left onto Inside Passage Tr.
Almost immediately turn Right to stay on Inside Passage Tr.
Cross Thompson Ridge Rd and immediately get onto Overland Tr.
Turn right onto Little Wolf Creek Rd.
Left onto Yellowjacket Tr and immediately go Right towards Chickadee Trailhead

Finish at Chickadee Trailhead