ORCAS 100 ROUTE DESCRIPTION

The *Orcas Island 100* both starts and finishes at Camp Moran in Camp Moran State Park. The course begins with a steep climb up Mt Constitution Rd to the Little Summit trailhead, where it even more steeply descends down to the Mountain Lake and the first aid station.

From the first aid station, the course follows the west side of Mountain Lake, continuing on to Twin Lakes. From Twin Lakes, the route climbs double-track to Mt Pickett before dropping on sweet singletrack to the park's boundary. As soon as runners get comfortable, the course takes a sharp right, climbing back to the Mt Pickett road double-track before swinging back toward Mountain Lake. From the south end of Mountain Lake, the course continues south past Cascade Falls and down to South Arch, where the trail crosses the road. Shortly across the road, runners will take a short spur trail to the second aid station, on a dirt road between Camp Moran and South Arch.

From the second aid station, the course returns on the short spur trail back to the trail they just descended from Cascade Falls. From this junction the course continues to the right, on to the Cascade Lake. After continuing clockwise around Cascade Lake and across the lagoon bridge, runners will quickly ascend from the lake to the North Arch, where they will cross the road and begin the infamous Powerline Climb up to the North Boundary Trail, where the course once again drops, this time on swooping single-track nearly all the way back to Twin Lakes. Just before Twin Lakes, though, runners get to climb once more – all the way back to Mt Constitution, the highest point in the San Juan Islands, where runners are at the third aid station.

From the third aid station, the course follows the ridge trail toward Cold Springs, crossing the road before descending from Cold Springs to Cascade Lake. After bombing down to Cascade Lake the course follows the lake clockwise along the northeast side of the lake back to Camp Moran, where runners reach the fourth aid station, and the completion of another loop.

Runners will complete this ridiculously scenic (and difficult) loop three more times in the allotted 36-hours to earn a *Orcas Island 100* finish.

[Disclaimer: The course may be altered at any time at the race directors' discretion. If the course needs to be altered for any reason, participants will be alerted at the pre-race briefing if not before.]